



WOW Facts 2011

*Your Community
Your Dollars*



United Way
Kitchener Waterloo & Area

Change starts here.

uwaykw.org

What do
your dollars
provide?

Priority: All Children and Youth Reach Their Potential

➔ What does \$100 provide?

\$100 provides 8 children's books that have a high interest story line with low vocabulary to enable struggling readers to be successful.

— **Learning Disabilities Association of Kitchener Waterloo**

➔ What does \$250 provide?

\$250 helps one child to develop healthy self-esteem, peer relationships, respect for others and problem solving skills through the Healthy Start Program.

— **Children & Youth Development, Canadian Mental Health Association**

➔ What does \$500 provide?

\$500 helps prepare 60 children to deal with bullying situations in their schools so that everyone can have a safe place to learn and experience educational success.

— **John Howard Society of Waterloo-Region**

\$500 provides support to four (4) grade 7 & 8 girls to attend a 7 week Go Girls! Program, which supports the development of self-esteem, and healthy body image and attitudes towards food and nutrition.

— **Big Brothers Big sisters of Kitchener-Waterloo and Area**

➔ What does \$1000 provide?

\$1000 provides all of the costs associated with an In-School Mentoring match, which provides elementary school students who would benefit from extra social, emotional or academic support with a caring adult mentor in the Waterloo Region.

— **Big Brothers Big sisters of Kitchener-Waterloo and Area**

➔ What does \$5000 provide?

\$5000 provides subsidies for 14 children from low income families for specialized tutoring for two weeks in the month of July to prepare for the coming school year.

— **Learning Disabilities Association of Kitchener Waterloo**

Priority: All Families are Strong

➔ What does **\$100** provide?

\$100 helps one person to break the cycle of violence by providing them with a supportive environment to talk about the reasons behind the abusive behaviour and gain the skills necessary to prevent further violence.

— **John Howard Society of Waterloo-Wellington**

➔ What does **\$250** provide?

\$250 provides 8 supportive counselling sessions for persons who have been in jail. This helps create a safe community by supporting people who experience barriers and help steer them toward becoming more positive contributors to our community.

— **John Howard Society of Waterloo-Wellington**

➔ What does **\$500** provide?

\$500 provides 25 hours of 1:1 advocacy support for parents of children struggling in school.

— **Learning Disabilities Association of Kitchener Waterloo**

➔ What does **\$1000** provide?

\$1000 provides for 10 women and their pre-school children to attend a Live & Learn group for one session and receive additional staff support outside of group meetings.

— **House of Friendship**

➔ What does **\$1500** provide?

\$1500 provides 156 hours of after school support for children with developmental disabilities.

— **Parents for Community Living**

Priority: All Neighbourhoods are Inclusive and Thriving

➔ What does \$100 provide?

\$100 replenishes medical supplies for a patient care vehicle.

— **St. John Ambulance**

\$100 provides one blind or partially sighted senior access to a collection of 80,000 audio books so they can continue to enjoy reading.

— **Canadian National Institute for the Blind**

➔ What does \$250 provide?

\$250 provides a Kids on the Block disability awareness presentation for up to 100 kids in a school, church or community setting.

— **Independent Living Centre of Waterloo Region**

\$250 provides participation in annual provincial conferences to help support over 100 families with deaf, deafened and hard of hearing children.

— **Canadian Hearing Society**

➔ What does \$500 provide?

\$500 provides sensitivity training to help make our public services more accessible and inclusive.

— **Independent Living Centre**

\$500 provides funding to keep a community centre in a culturally diverse, low-income neighbourhood open for one day providing prevention programs to approximately 100 people daily.

— **House of Friendship**

➔ What does \$1000 provide?

\$1000 provides independent living skills training to a teenager who is blind.

— **Canadian National Institute for the Blind**

➔ What does \$2000 provide?

\$2000 provides essential financial assistance to someone who needs to purchase an assistive device for mobility or home support.

— **Independent Living Centre of Waterloo Region**

Priority: All Newcomers are Welcomed and Supported

➔ What does \$100 provide?

\$100 ensures that 10-12 fully trained interpreters are dispatched to assignments for non-English speaking individuals accessing critical services.

— **Kitchener-Waterloo Multicultural Centre**

\$100 provides immigrant women social support groups and 6 occasional sessions of recreation time to improve emotional and mental well-being.

— **Focus For Ethnic Women**

➔ What does \$250 provide?

Ensures settlement services are available for 10-20 individuals that are not eligible for services elsewhere in the community because of their immigration status.

— **Kitchener-Waterloo Multicultural Centre**

\$250 provides one week of services to more than 50 immigrant women and their children to overcome barriers and integration into their communities such as housing, child care, parenting, education, family settlement, health, employment, accessing resources, and personal development, etc.

— **Focus For Ethnic Women**

➔ What does \$500 provide?

\$500 provides 20 hours of quality interpretation to non-English people accessing critical services where interpretation is not typically available.

— **Kitchener-Waterloo Multicultural Centre**

\$500 provides a family of 4 who are new Canadians with access to YMCA programs for 3 months.

— **YMCA Kitchener-Waterloo**

➔ What does \$1000 provide?

\$1000 allows us to leverage an additional \$1000 from government to connect over 200 employers with 450 foreign trained individuals for employment.

— **Waterloo Region Immigrant Employment Network (WRIEN)**

\$1000 covers 5 orientation workshops for temporary workers about Canada, their rights, responsibility, emergency and community resources for up to 40 people per workshop.

— **Kitchener-Waterloo Multicultural Centre**

Priority: All People are Economically Secure

➔ What does \$100 provide?

\$100 provides 37 meals of emergency food assistance to a low-income family.
— **House of Friendship**

\$100 provides 6 hours of support and creative play for children living in a shelter.
— **YWCA**

➔ What does \$250 provide?

\$250 employs a youth at ROOF lunchbox, which provides homeless and at-risk youth the opportunity to gain meaningful and practical work experience.
— **R.O.O.F. (Reaching Our Outdoor Friends)**

➔ What does \$1000 provide?

\$1000 provides up to 60 people participating in a mobility repair and maintenance clinic to have their mobility aids maintained, which increases their safety as they independently access the community.
— **Ontario March of Dimes**

\$1000 provides essential financial assistance in purchasing the resources required to provide our learners with free services.
— **The Literacy Group of Waterloo Region**

➔ What does \$2000 provide?

\$2000 provides shelter, food and support for a family of 4 for 10 days, while they try to rebuild their lives and find a place to live.
— **YWCA Kitchener-Waterloo**

\$2000 provides freedom for a once housebound adult with a physical disability, through the purchase of a power wheelchair with customized seating, enabling access to our community for job search, banking and shopping, friends and opportunity.
— **Ontario March of Dimes**

➔ What does \$5000 provide?

\$5000 provides a day of housing, food, and support for 100 homeless women.
— **YWCA Kitchener-Waterloo**



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Kitchener Waterloo & Area

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